

## **Interpreting the importance of evidence-based practice from the perspective of the profession**

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Do we, as occupational therapists, accept that evidence-based practice is important to our profession? Do you, as an individual therapist, reflect on your practice and the extent to which you use evidence to guide your decisions? If we know some of the reasons for why our practice is sometimes not based on evidence, does this help us to change this situation? This presentation will briefly address these questions and provide suggestions about what we can do, as individuals and as a profession, to ensure the integration of research evidence into our practice.